

WHAT is EBOLA?

# EBOLA IN SIERRA LEONE

## MENTAL HEALTH RADIO PROGRAM

HOW TO COPE?

**LIVE** on  
STAR RADIO



Freetown 103.5 FM  
Mile 91 – 91.5 FM  
Bo Town 89.1FM  
Kenema 99.5 FM  
Makeni 94.6 FM  
[www.starradiosl.com](http://www.starradiosl.com)



TUNE IN FOR

**4 SHOWS**

**Saturday Oct 25**  
**Saturday Nov 1**  
**Saturday Nov 8**  
**Saturday Nov 15**

**1-2PM**

RELAXATION SKILLS?

SPONSORS: SIERRA LEONE MENTAL HEALTH INITIATIVE  
ENABLING ACCESS TO MENTAL HEALTH; MENTAL HEALTH COALITION; YOGA STRENGTH;  
Bellevue/NYU Program for Survivors of Torture